

WHEYVOLUTION
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The Endless Possibilities of Whey: Still Many Opportunities for Innovation

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Food and Nutrition: Yesterday, Today, Tomorrow

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- Industrialisation of traditional cooking
- ~ Functional Food diversity of functions
- Molecular background / micro- und nanostructure
- Biology + Biochemistry + Process Technology
- Nutrition: potential based on (technological) diversity



Food Products - Quo Vadis?

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Fast Food

Convencience Food

Ethnic Food

Organic-Food

Health food

Performance Food

Super Food

Prescriptive Food

Pharmaco Food

etc., etc.,

Functional Food

Fitness Food

Nutritional Food

Therapeutic Food

Longevity Food

Pharma Food

Designer Food

Medicine, Drugs

Neutraceuticals



USA: FAO - Accepted Health Claims

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- calcium & osteoporosis
- lipids & cancer
- ~ sodium & blood pressure
- * saturated triglycerides, cholestrol & heart diseases
- ~ fibres, grains, fruits & cancer
- fibres & coronary diseases
- folic acid & nerve defects

è typical example: health ingredients from soy



FOSHU – Foods for Specific Health Use (Japan)

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- Foods or ingredients that provide specific health or medical benefits besides their nutritional value.
- Products recognised as "Foshu" by the Ministry of Health and Wellfare allow for "Health Claims", e.g.
 - è Milk with nutritional supplements
 - è Yoghurt.
- New product developments: enrichment / fortification with Probiotics, Fibres, Oligosaccharides.
- ~ Enrichment:
 - è Calcium, Iron
 - è Carotene
 - è Bulgarian Aloe



Impacts of "Functional Food"

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- Realisation of physiological, nutritional requirements based on traditional mixed food and its bioactive composition
- Realisation based on validated, scientific results e.g. probiotic yoghurts

LC1 - Yoghurt







Area of conflicts:

Prevention

and/or

Therapy

Functional Food

Food and

Pharma



Whey/Milk serum as raw material I

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Natural functionalities

- Sol-Gel transformation
- Milk enzymes
- Biotop-adapted immunological functions (specific IG's)
- ~ Peptides:
 - è hormons
 - è growth factors
 - è gastrointestinal regulators
 - è Immunostimulation
 - è transport functions (phospho-, glycopeptides)
 - è inhibitors (ACE inhibitor)
 - è casomorphines
- Examples:
 - è adapted baby nutrition
 - è hypoallergenic nutrition
 - è health products fo specific target groups
 - è focus on specific metabolic functions: digestive probiotics



Whey/Milk serum as raw material II

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Added Value Ingredients

- Primary raw materials:
 - è Proteins, Peptides, IG's, Glyco- and Lipo-Derivates
 - è Lipids, Phospholipids, Ceramides etc.
 - è Carbohydrates: Lactose, Glycocompounds
 - è Minerals: Calciumphosphate etc.
 - Vitamins and other Micronutrients
- Secondary raw materials:
 - è Peptides, Phospho-, Glycoproteins/-pepides (enzymatic, physical-chemical)
 - Prebiotics: Lactulose, Galactooligosaccharides (GOS)
 - è Lysophospholipides, Sphingomyelin
- Tertiary raw material:
 - è Joghurt, Cheese
 - è (fermentations)
- Vitamins
- è Aminoacids, organic acids
- è Exopolysaccharides
- Complex ingredient systems:
 - Nutri-blocks with specific functionalities (antibiotic, antiviral, minerals etc.)



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Whey-Protein:

~ carbohydrates

~ lipids

~ minerals

Whey-Protein:

fractionation

~ denaturation

~ texturisation

Whey-Protein:

~ chemical modifications

~ enzymatic modifications, proteolysis,

hydrolysis, crosslinking,

transglutaminases

~ technological modification pressure

Whey protein:

~ emulsions

~ gels

~ foams



Milk Lipids: Phospholipides

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Cephalin: 21 - 45 %

Lecithin: 22 - 48 %

Sphingomyelin: 12 - 35 %

Phosphoatidyl-Inosit: 2 - 11 %

Plasmalogene 2 - 3 %

n. Patton and Renner



Step-by-step Refinement of Whey (1)

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Milk minus Cas

result

Casein / cheeses

Lipids / butter

Whey option

Characterisation Composition

Development Strategy



Step-by-step Refinement of Whey (2)

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Level I:Utilisation of traditional biological procedures

- è e.g.
 - 4 Joghurt
 - 4 Butter
 - 4 cheese
- è Products:
 - 4 cultures, probiotics
 - 4 exopolysaccharides (S. filans)
 - 4 lacticacid fermentation etc.
- Level II: Fermentation of whey with traditional biotechnology procedures
 - è Fermentation
- è flavor

è Enzymes

- è lactose hydrolysis
- è proteolysis
- Level III: Fractionation
 - è Fermentation:
 - 4 Production of bioactive nutrients
 - 4 e.g. vitamines, organic acids



Step-by-step Refinement of Whey (3)

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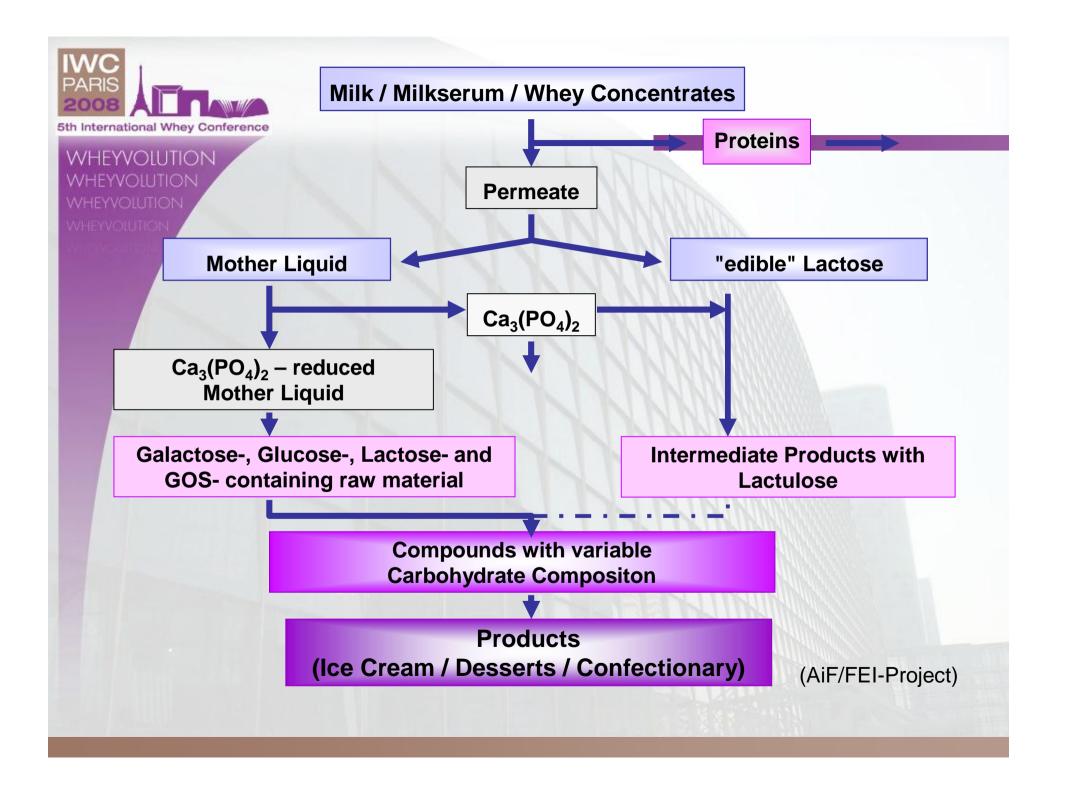
Level IV: Combined Products

- è lactose hydrolysis + heat treatment ⇒ sugar colour ⇒maillard products
- è peptides: bioactive
 - technological functions

e.g. bio-ingredients / raw materials for mayonnaises, dressings, bakery products etc.

~ Level V:

- è Function of whey water
- è Utilisation as solution of ingredients in whey water
- Principle "Golden Liquid", i.e. direct application of liquid whey or whey fractions





Biotransformation & Food Product Research

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- Food Biochemistry Molecular modifications
- ~ Refinement of agricultural raw materials
- ~ Enzymes / Biocatalysts
 - a) original
 - b) added
 - c) contamination
- Enzyme kinetics processing parameters
 - a) matrices
 - b) temperature / time
 - c) enzyme specificity
- Fermentation: end-product concept



Molecular Design of Food Concept

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- Food Matrix Expertise (interdisciplinary / multifactorial)
- Technology Approach + International Science (Emulsions, Gels, Foams, Extrusion, High Pressure, Electropulsation, Ultrasonics)
- Nutrition Functional Food (Bioactive Molecules / Bioavailability)